



SALT LAKE CITY
children's
OUTDOOR
BILL OF RIGHTS
INDEPENDENT ADVENTURES



Here are some fun ideas for making the most of this activity!

- Play kayak or canoe basketball. Bring a couple of soft balls and try to make a “basket” by landing your ball into another boat before they can make a basket in your boat!
- Try canoe or kayak baseball, using a large soft ball and your paddle as a bat. Again, try to land your ball in another’s boat first.
- Play “Paddle Tag”. If one person’s paddle taps your boat, you are “it”.
- Set your boat up in a spot where it is secure and won’t move for a while. Lay back and watch the sky above you. What cloud shapes do you see?
- Race another boat to be the first boat under the next bridge.
- Play follow the leader with another boat.
- Play “Scenery Sums”. As you paddle, count the number of waterfowl, or **Identify a wild plant** by counting cottonwood trees you come across. Keep score by having some people counting something only if it is on the right side of the boat and others who count only if it is on the left side. Pick a “taboo” object, such as a log floating on the water. Whoever sees this taboo object first yells out “Wipe out!” and then the other team has to start their count over.
- Play “Simon Says” from inside your water craft.
- Play “I Spy Tag” by taking turns spotting things from your boat. Whatever the last letter was of the word that was spied, must be the first letter of the next word that you spy. For example, if one person spies a “duck” the next person could spy something that begins with the letter “k”, such as a “kid”.
- Bring a picnic to eat in your canoe or once you get to your takeout spot.

Salt Lake City spots great for this activity:

1700 S Boat Launch to Alzheimer’s Grove Takeout

Search the Jordan River Water Trail map for more routes

Liberty Pond
600 E 900 S



Collect these stickers at Trails & Natural Lands, YouthCity sites, & the Salt Lake City & County Building!



Join in on the adventure by visiting Trails & Natural Lands to find more info, like fun Independent Adventures activity sheets, and even learn about how to pickup your own SLC Children's Outdoor Bill of Rights Journal!



Trails &
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