



SALT LAKE CITY
Children's
OUTDOOR
 BILL OF RIGHTS
INDEPENDENT ADVENTURES



Here are some fun ideas for making the most of this activity!

- Learn how to find the North Star in the night sky.
- Create a moon chart. Look at the moon for 28 days to observe all of its phases.
- Get up early in the morning to stargaze.
- Count how many stars you can see from your house. Recruit your neighbors to turn off all their outdoor lights and try counting again. Now try this same activity during different phases of the moon cycle. Keep a star count for each phase of the moon.
- Look up the next expected meteor shower and go out to count shooting stars!
- Camp out in your backyard to watch the moon rise and the stars come out.
- Learn the shape of star constellations and recreate them on the ground with rocks, sticks, leaves, or seeds. See if anyone can guess which constellation you made.
- Try to find your own shapes between the stars to name your own constellation.
- Winter is the best season for stargazing. Go for a hike or use some snowshoes to *Play in the snow* and get up to a higher elevation for a clearer sky.
- Check out tonight's Star Map for Salt Lake City.
- Use a stargazing app to find constellations in the night sky.
- Learn the legends of the constellations. Tell them around a campfire with your friends and family while you watch the stars come out.

Salt Lake City spots great for this activity:

Mill Creek Canyon
3800 Millcreek Canyon Rd



Collect these stickers at Trails & Natural Lands, YouthCity sites, & the Salt Lake City & County Building!



Join in on the adventure by visiting Trails & Natural Lands to find more info, like fun Independent Adventures activity sheets, and even learn about how to pickup your own SLC Children's Outdoor Bill of Rights Journal!



Trails & Natural Lands

