

## Salt Lake City Children's Outdoor Bill of Rights

In which every child growing up in Salt Lake City has the Right to:



What's living in your neighborhood? Join the Natural History Museum of Utah and SLC Parks and Public Lands in exploring the nature in our city. At a *SLC Neighborhood Naturalists* event, you can: enjoy time outside with family and friends, learn to use iNaturalist – a free app that helps you explore nature, document wild plants and animals to improve the health of our urban green spaces, and explore hands-on nature activities for kids. SLC Neighborhood Naturalists events are free and all activities are available in Spanish and English. No registration is required. For a schedule of upcoming events and locations, visit: <http://nhmu.utah.edu/sclnn>.

*Nature in the City* programs are free family explorations hosted in parks and open spaces across Salt Lake. These fun, educational activities get families outdoors and encourage exploration in nature that surrounds us all. Frequency varies by season, but usually at least once per week. Registration is free and is preferred so we can bring enough supplies for all participants. Information about programs and a link to sign up is found at <http://tracyaviary.org/natureinthecity>. This program is for families specifically, but we adapt every program for the audience.

*Utah's Hogle Zoo Outdoor Adventures*- Want to get out into nature, but you're not sure where or how? Join Utah's Hogle Zoo for a monthly outing on the Wasatch Front (and Back) to learn more about the world around us, get outside, and have some fun! We'll bring the tools and information you need; you bring enough water to drink and the right clothes to enjoy a morning outdoors. Outdoor Adventures happens the first Saturday of every month and reservations should be made ahead of time. Sign up online at [https://www.hoglezoo.org/education\\_programs/zoo\\_classes/outdoor-adventures/](https://www.hoglezoo.org/education_programs/zoo_classes/outdoor-adventures/). There is a minimal fee of \$5 per person per outing.



*Bicycle Collective Youth Open Bike Shop:* Space for youth ages 8 to 17 to work on their own bike or volunteer their time to learn about bike maintenance while also completing hours to earn a bike. Twelve hours of volunteer time = earned bicycle. Reservations needed only if you plan to bring in a group of 3 or more youth, otherwise it is drop in. If the offered times do not fit for your group of 3 or more youth, we can set up other times as well (mornings, evenings, etc.) No money needed. Must be willing to learn, have patience and have fun! For more information contact: [amy@bicyclecollective.org](mailto:amy@bicyclecollective.org)

Mondays, 3:30 - 5:30 PM

Wednesdays, 3:30 - 5:30 PM

Saturdays, 10:00 AM - 12:00 PM

*Bicycle Collective Youth Mountain Bike Camps:* Every summer campers will have the chance to explore our many local bike trails with the Salt Lake City Bicycle Collective (SLCBC) while learning bike handling skills, safety, and basic bike mechanics. Bikers may bring their own bikes or use one of ours. Helmets will also be provided. The camp free of charge and is open for all youth ages 8 - 16 with preference for youth from low income families. Campers will need to supply their own snacks and wear closed toe footwear. Camp sessions start in May and run through August. There are three, one week-long sessions each summer. Campers will meet each day at the SLCBC and we will shuttle kids and bikes to various trailheads in and around Salt Lake. Up to 8 riders can sign up for each camp. First come, first serve. Direct any questions about the camp and registering your camper at [info@bicyclecollective.org](mailto:info@bicyclecollective.org).

*SLC Trail Trekkers* is a free, friendly hiking club presented by SLC Trails & Natural Lands and open to all! These hikes are sure to introduce you to new trails, new people, and a new or continued love of the outdoors. To learn more and discover when and where the next hike takes place visit <https://www.slc.gov/parks/trails-natural-lands/slc-trail-trekkers/>.



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*Family Nature Night* is hosted by SLC Trails & Natural Lands to provide free summer family fun activities in parks, trails, and natural spaces Monday nights from April-October at 6:30 PM. Each week includes different activities taking place in various parks within Salt Lake City – such as wildlife watching, hikes, games, and art projects – allowing families to become regular attendees while exploring different corners of their city. Registration is required beforehand. Visit <https://www.slc.gov/parks/trails-natural-lands/family-nature-night/> for more information.



*The City Library's Discovery Kits* are a great way for kids to explore space, nature, technology, and other topics through books, games, and fun devices. Discover Space is a kit that helps kids ages 5-10 expand

their understanding of these topics through books, pamphlets, binoculars, and the encouragement to explore. Discover Space is available at most City Library branches and may be placed on hold to pick up at any City Library location. You will need a City Library card to check out a kit. Residents of Salt Lake City and Salt Lake County can obtain a library card for free by showing a librarian a picture ID and proof of address, such as a bill. When the card is activated, the kits can be placed on hold right away. They check out for a three week period. Discovery kits are often available for check out right away, however they may need to be reserved during busy times of the year, such as the summer. Visit <http://www.slcp.org/> for more information.



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*The City Library's Discovery Kits* are a great way for kids to explore space, nature, technology, and other topics through books, games, and fun devices. Discover Winter is a kit that helps kids ages 5-10 expand their understanding of these topics through books, pamphlets, snow gear, and the encouragement to explore. Discover Winter is available at the main City Library branch and may be placed on hold to pick up at any City Library location. You will need a City Library card to check out a kit. Residents of Salt Lake City and Salt Lake County can obtain a library card for free by showing a librarian a picture ID and proof of address, such as a bill. When the card is activated, the kits can be placed on hold right away. They check out for a three week period. Discovery kits are sometimes available for check out right away, however they may need to be reserved during busy times of the year, such as the summer. Visit <http://www.slcp.org/> for more information.



*Kids in Open Spaces Summer Day Camp:* Salt Lake City Trails and Natural Lands provides a few weeks of free day camps during summer months. These camps focus on nature connection and include games, arts and crafts, citizen science, and more. Registrations are on a first come, first serve basis, although there is a waiting list option. Spots open in April and can be found at <http://www.slcgov.com/parks> or by contacting Trails and Natural Lands at (801) 972- 7809. The camps are for kids ages 8-12 and take place in various natural areas and parks in Salt Lake City.

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document wild plants and animals to improve the health of our urban green spaces, and explore hands-on nature activities for kids. SLC Neighborhood Naturalists events are free and all activities are available in Spanish and English. No registration is required. For a schedule of upcoming events and locations, visit: <http://nhmu.utah.edu/sclnn>.

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*Hooked at First Fish* is a new event hosted by SLC Trails & Natural Lands. Youth can learn to fish this summer at the newly renovated Fairmont Park Pond on 2nd & 4th Thursdays of May – August 2019 from 7-8:30 pm. All are welcome to join us for these free learn to fish lessons. Those aged 11 and under may fish for free. Those over 11 may assist younger people or purchase a fishing license and fish the pond themselves. All necessary equipment is available on site for your use. Visit <https://www.slc.gov/parks/trails-natural-lands/hooked-at-first-fish/> for more information.



*HOP Outdoors* is a free program that brings kids grades 4-12 up to the Wasatch Mountains during the summer months. We provide transportation to Snowbird resort, tram tickets at Snowbird, short guided hikes, as well as lunch, backpacks and water bottles for each participant to use for the day. To learn more or to register for a trip, visit our website: <http://www.humanoutreachproject.org/hop-outdoors/> Trips will start again in June 2018.

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Salt Lake City Trails & Natural Lands offers a *First Outdoor Experiences Program* that empowers kids and adults to explore the outdoors. The program provides guided, hands-on experiences with outdoor recreation that focus on skill-building, confidence, and personal connections to the natural world. Activities are provided by the National Ability Center, through a multi-year agreement with Salt Lake City, and include hiking, snowshoeing, paddleboarding, canoeing, rock climbing, cross country skiing and mountain biking in and around Salt Lake City.

Admittance to the program is limited by available funds, and interested parties are required to submit a Statement of Need in order to be considered. Priority is given to groups of 6-14 participants who have had limited exposure to outdoor recreation, or to the outdoors in general, due to physical, cultural, economic or social barriers. For youth groups, one adult chaperone must attend for every thirteen attendees under 18 years of age.

To learn more, please call Salt Lake City Trails & Natural Lands at 801-972-7809.

#### *Statement of Need Form*

- 1) Provide a general description of your group, including group name, purpose, number of participants, age range of participants, and name and contact information for the group leader(s).



- 2) If your group participants have had limited exposure to outdoor recreation due to physical, cultural, economic or social barriers, please explain.
- 3) Describe how your group could benefit from participation in the First Outdoor Experiences Program.
- 4) Is there a particular type of outdoor recreation your group is interested in? (Available opportunities include hiking, snowshoeing, paddleboarding, canoeing, rock climbing, horse-back riding, and mountain biking, depending on conditions and available equipment.)
- 5) Will your group need transportation? If so, please indicate the best pick-up point, and any special accommodations required (wheelchair, etc.)
- 6) What date(s) is your group available, and for what length of time (2 – 6 hours)? At least several weeks advance notice is required.
  - 7) If you have any other needs, concerns or comments, please list them here



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*Timpanogos Cave National Monument Free Programs:* See their website for more details: <https://www.nps.gov/tica/index.htm>. Please note the Forest Service recreation fee in the canyon does not apply to Timpanogos Cave. The monument is open May – September.

- Jr Ranger kids programs are Saturdays at 10 am
- Evening Programs are Fridays and Saturdays at 7 pm
- Nature Walks at Cascade Springs are Fridays and Saturdays at 11 am
- Hike with a Ranger on the Timpanogos Cave trail Sundays at 11 am
- Porch talks with a ranger every day at the visitor center at 10 am and 4 pm
- Free ranger talks every day at the cave at 12 pm, 12:45 pm, 1:15 pm and 3:30 pm