



SEPTEMBER 2013

TO CELEBRATE HEALTHY, AFFORDABLE, AND SUSTAINABLE FOOD

SCHEDULE OF EVENTS

• **Sept 14:** Wasatch Community Gardens' **Solar Cooking & Dehydrating workshop** • Fairpark Garden—1037 West 300 North 1pm • Jonathan Krausert and Julie Nelson from the Urban Homesteaders teach about the joys of solar cooking. To purchase tickets, go to <http://wasatchgardens.org/workshops/make/solar-cooking-and-dehydrating>

• **Sept 15:** Slow Food Utah's **Feast of the Five Senses** • Salt Lake Culinary Center—2233 South 300 East 5pm • 10 Utah chefs will prepare a delicious meal, which will be accompanied by a silent auction. To purchase tickets, go to <http://slowfoodutah.org/events/2013-feast-of-five-senses/>

• **Sept 24:** Slow Food Utah, Wasatch Community Gardens, The Downtown Farmers Market, & Edible Wasatch present a **preservation series** • Harmons City Creek—35 East 100 South 6pm • Learn a water bath technique for tomato sauces, salsas, and other delicious recipes. Register here <http://wasatchgardens.org/workshops/summer-jar/tomatoes-redux>

• **Sept 30:** Slow Food Utah hosts **The Chef-Producer Mingle** • An opportunity for local restaurant chefs to meet local farmers and food producers. It is open to chefs and producers, not the general public. For more information or to be added to the event mailing list, email SlowFoodUtah@xmission.com.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 1pm: Solar Cooking & Dehydrating	15 5pm: Feast of the Five Senses
16	17	18	19	20	21	22
23	24 6pm: Tomatoes Redux	25	26	27	28	29
30 4pm: Chef-Producer Mingle						

EVENTS SPONSORED BY:





OCTOBER 2013

SCHEDULE OF EVENTS

TO CELEBRATE HEALTHY, AFFORDABLE, AND SUSTAINABLE FOOD

- **Oct 5—12:** Slow Food Utah, Wasatch Community Gardens, The Downtown Alliance, Local First Utah and Edible Wasatch present **Eat Local Week**, for details, www.ediblewasatch.com/eatlocalweek/
 - **Kickoff Party:** Downtown Farmer's Market 8am—2pm
 - **Celebrate the Bounty:** Local First Utah's Fall benefit 6pm, Union Pacific Depot, 400 W South Temple, www.localfirst.org/celebrate
 - **Christiansen Farm Tour:** 12pm, 175 Sharp Rd, Vernon
 - **Farm to Glass Cocktail Contest:** Salt Lake Magazine presents at Rico's Warehouse, 545 W 700 S
- **Oct 5:** **Garlic Planting class** at 10am and a **Winter Composting class** at 2pm. For more information and registration, wasatchgardens.org/calendar/2013-10
- **Oct 8:** **Forks Over Knives** as part of the Food Film Series. 7pm Gore Auditorium, Westminster College, www.westminstercollege.edu/environmental_center/index.cfm?parent=6676&detail=14397
- **Oct 15:** **Preserving class** at 6pm, Harmons City Creek, 135 E 100 S. For registration, wasatchgardens.org/calendar/2013-10
- **Oct 21:** **Food fermentation class** at 6pm, Harmons City Creek, 135 E 100 S. For registration, wasatchgardens.org/calendar/2013-10
- **2013 Food Day Forum** presented by SLC Green, 6pm SLC Public Library 210 E 400 S, for more details www.slcgov.com/slccgreen
- **Oct 22:** **Growing in Greenhouses class** at 5:30pm, Mountain Valley Seed Co. 455 W 1700 S. For registration, wasatchgardens.org/calendar/2013-10
- **An Evening with Five Utah Farmers** presented by SLC Green, 7pm Gore Auditorium, Westminster College, for more details www.slcgov.com/slccgreen
- **Oct 23:** **100 Mile Meal**, presented by SLC Green 5:30pm Squatters Downtown pub, to buy tickets, 100milemeal.brownpapertickets.com/
- **Oct 24:** **Fresh, the movie screening** 12pm, Salt Lake County Government, 2001 S State St, Council Chambers
- **Produce sale**, 11:30am, Salt Lake County Jail Garden
- **Garden Tool Drive**, at Salt Lake County Government, 2001 S State St

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5 8am: Eat Local Week Kickoff party 10am: Garlic Planting class 2pm: Winter Composting class	6
7	8 6pm: Quick Pickle Class 7pm: Forks Over Knives	9	10 6pm: Celebrate the Bounty	11	12 12pm: Christiansen Farm Tour Farm to Glass Cocktail contest	13
14	15 6pm: Best of the Last preservation class	16	17	18	19	20
21 6pm: Food Fermentation 6pm: 2013 Food Day Forum	22 5:30pm: Growing in Greenhouses 7pm: An Evening with Five Utah	23 5:30pm: 100 Mile Meal	24 11:30am: Produce sale 12 Noon: Fresh screening Garden Tool Drive	25	26	27
28	29	30	31			

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