



SALT LAKE CITY
Children's
OUTDOOR
 BILL OF RIGHTS
INDEPENDENT ADVENTURES



Here are some fun ideas for making the most of this activity!

- On the top of the mountain, turn a full 360 degrees around slowly. Take a mental picture of the view as you do.
- Design, make, and bring a flag for a summit photo just like a mountaineer would. The flag could represent you and your friends, your family, or a group you belong to.
- As you **Follow a foothill trail** up or down the mountain, count the number of oak trees you see, people you pass, clouds that look like animals, or rocks that you can climb on top of.
- If you were going to name the mountain you're climbing what would you name it? Ask each of your hiking partners.
- Use a map to help you navigate a route to the top of the mountain.
- With your fellow mountain climbers, decide what the most interesting thing you can see from the top of the mountain is.
- Play I Spy from the top of a mountain.
- Bring a favorite book to read once you reach the summit.
- Build a small rock cairn to mark the path to the top.
- Bring binoculars and see if you can spot any familiar buildings in the city below you from a mountain top.

Salt Lake City spots great for this activity:

Jack's Peak
 1835 Lakeline Drive

Ensign Peak
 1002 N Ensign Vista Dr

Twin Peaks
 1020 Terrace Hills Dr



Collect these stickers at Trails & Natural Lands, YouthCity sites, & the Salt Lake City & County Building!



Join in on the adventure by visiting Trails & Natural Lands to find more info, like fun Independent Adventures activity sheets, and even learn about how to pickup your own SLC Children's Outdoor Bill of Rights Journal!



Trails & Natural Lands

