



Here are some fun ideas for making the most of this activity!

- Learn about spelunking.
- Once you reach the darkest part of the cave, turn off all lights to experience the darkness.
- Do you play an instrument? Bring it along to play.
- Find a spot with a good echo to yodel or yell.
- Search for animal droppings on the cave floor. Can you
 Spot & Identify a wild animal from these droppings?
- Walk along a canyon trail and look up along the canyon sides for small caves. Walk with a friend and see who can find the most little caves.
- Inside of a cave, take a big sniff. What smells are in this space?
- Get a hard hat for safe cave exploration and decorate it with your Children's Outdoor Bill of Rights stickers.
- Learn about the bats that occupy Utah caves.
- Feel the cave walls with your bare hands. Are they cold or wet?
- Listen for and follow the sounds of dripping water.

Salt Lake City spots great for this activity:

Timpanogos Cave 2038 Alpine Loop Rd American Fork UT 84003

these stickers at
Trails & Natural
Lands, YouthCity sites,
& the Salt Lake City &
County Building!





Join in on the adventure by visiting
Trails & Natural Lands to find more
info, like fun Independent Adventures
activity sheets, and even learn about
how to pick up your own SLC Children's
Outdoor Bill of Rights Journal!



