



SALT LAKE CITY
**Children's
 OUTDOOR**
 BILL OF RIGHTS
INDEPENDENT ADVENTURES



Here are some fun ideas for making the most of this activity!

- Place a large white blanket or piece of paper beneath a tree or bush. Gently shake the branches and look closely at what falls onto your white paper or blanket.
- Use the free iNaturalist app to identify your catch.
- Search the snow for snow fleas - small, black insects you can spot crawling on top of snow.
- One of the best times to search for worms is right after rainfall. Search puddles and wet soil for worms. Once you catch some, hold an earthworm race. Scratch a circle into some dirt, then put two or more worms in the center. Have friends pick one worm each to cheer for. The first worm to make it out of the circle wins.
- After catching worms, take them to Fairmont Park Fishing Pond to use as fish bait. Once you catch a fish you can **Spot & identify a wild animal.**
- Make a “moth broth” to attract some winged insects. Pour overripe fruit, stale beer or wine, or old fruit juice and a sweetener (like honey, sugar or molasses) into a blender. Just before sunset, paint your moth broth onto the bark of a tree and watch for what bugs your broth attracts.
- Find an old, decaying log. Look inside the hollow part or peel back the bark.
- Design your own bug traps with your friends. Test out which one can capture the most bugs, the largest bug, or the coolest bug.
- Build a terrarium for an insect you catch. Use materials that you find in the same area where you found the insect. Use the 1 in 20 rule for taking natural materials: only take one of something if there are 20 others of the same thing in the area.

Salt Lake City spots great for this activity:

Alzheimer's Grove
 280 S 1200 W

Wasatch Hollow Open Space
 1650 E 1700 S



Collect these stickers at Trails & Natural Lands, YouthCity sites, & the Salt Lake City & County Building!



Join in on the adventure by visiting Trails & Natural Lands to find more info, like fun Independent Adventures activity sheets, and even learn about how to pick up your own SLC Children's Outdoor Bill of Rights Journal!



Trails & Natural Lands

