



Utah's Low Level of Restriction

What does it mean and what can you do?



Moving to yellow

Utah's efforts to slow the spread of COVID-19 have been working. Finding a new normal won't be instant, like flipping a switch, it'll be more like gradually moving a dial.

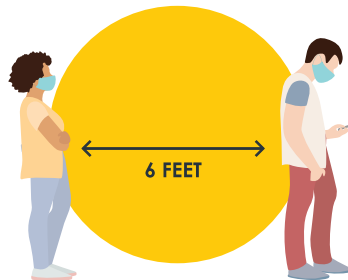
Continue to follow the public health protocols for Low Level of Restriction (yellow) to keep the dial moving forward and to prevent it from turning back.

High-risk individuals operate under stricter instructions because they are more likely to suffer severe illness from COVID-19.

General guidelines:



Social gatherings in groups of 50.



Maintain social distancing in public settings.



Face coverings worn when social distancing is difficult to maintain.



Symptom check prior to team sport competitions or practices.



K-12 schools reopening anticipated for 2020/2021 school year.



Pools open with social distancing.



6-foot distance between household groups at events & entertainment venues.



Spacing between household groups, multiple meeting schedules for smaller gatherings and stream services if preferred.



General guidelines for businesses:



All businesses open and take reasonable precautions.



Dine-in service open with appropriate social distancing and hygiene measures.



Encourage flexible work arrangements, follow hygiene guidelines, and continue social distancing in the workplace.

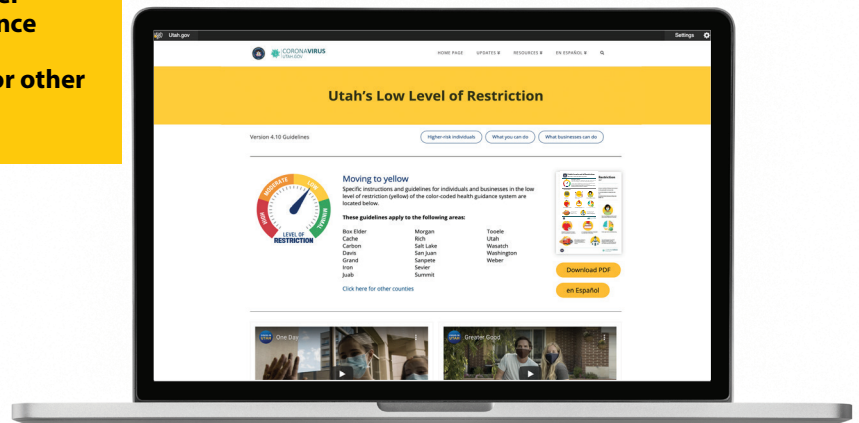
High-Risk Individuals:

- ✓ Face coverings worn in settings where other social distancing measures are difficult to maintain
- ✓ For any travel, use appropriate precautions; avoid high-risk areas
- ✓ Telework if possible, if not, maintain 6-foot distance
- ✓ When visiting friends or family, wear face coverings when within a 6-foot distance
- ✓ Limit physical interactions with other high-risk individuals, except for members of your household or residence
- ✓ Social interactions in groups of 20 or fewer people outside your household or residence
- ✓ Limit visits to hospitals, nursing homes, or other residential care facilities

Find detailed guidelines for individuals and businesses at [Coronavirus.Utah.gov](https://coronavirus.utah.gov)

Children:

- ✓ Maintain social distancing in public settings
- ✓ All symptomatic children should stay home from childcare, and will be sent home if exhibiting any symptoms
- ✓ Limit child interaction with other children in public spaces (e.g. playground equipment)



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