



CITY COUNCIL TRANSMITTAL



Rachel Otto, Chief of Staff

Date Received: 8/20/2020

Date Sent to Council: 8/20/2020

TO: Salt Lake City Council
Chris Wharton, Chair

DATE: 8/20/2020

FROM: Rachel Otto, Chief of Staff
Office of the Mayor

SUBJECT: Board Reappointment Recommendation: Public Utilities Advisory Committee.

STAFF CONTACT: Jessi Eagan
Jessi.eagan@slcgov.com

DOCUMENT TYPE: Board Reappointment Recommendation: Public Utilities Advisory Committee.

RECOMMENDATION: The Administration recommends the Council consider the recommendation in the attached letter from the Mayor and reappoint Dr. Colleen Kuhn as a member of the Public Utilities Advisory Committee.



August 20, 2020

Salt Lake City Council
451 S State Street Room 304
PO Box 145476
Salt Lake City, Utah 84114

Dear Councilmember Wharton,

Listed below is my recommendation for membership reappointment to the Public Utilities
Advisory Committee.

Dr. Colleen Kuhn – to be re-appointed for a final term ending the third Monday in January, 2023.

I respectfully ask your consideration and support for this reappointment.

Respectfully,

A handwritten signature in black ink, appearing to read "Erin Mendenhall", with a long vertical line extending downwards from the end of the signature.

Erin Mendenhall, Mayor

Cc: File



MAYOR'S OFFICE

JACKIE BISKUPSKI

Application for Boards, Commissions Committees, and Authorities

Personal Information:

First Name

Dr. Colleen

Last Name

Kuhn

Application Date

2019-01-22

Address

407 Kensington Ave

City

Salt Lake City

State

Utah

Zip

84115

Primary Phone

8014555626

Secondary Phone**Email**

drckuhn@yahoo.com

Occupation

Clinical Psychologist

Council District

5

Interests and Experience:

Boards, Commissions, Committees, or Authorities you are interested in: *

Public Utilities Advisory Committee

Reason for your interest in this particular Board, Commission, Committee, or Authority. *

I have been on the PUAC for the past four years. I dedicate a great deal of my time volunteering on numerous boards and am community oriented. I am committed to continuing to serve the community with my diverse background and perspective that I believe is necessary on all boards.

Are you currently serving on any other city Board, Commission, Committee, or Authority? *

Please see Vitae. I serve on the LGBTQ Affirmative Psychotherapists Guild of Utah, Women in Private Practice, and the Canyoneering Chicks board.

Have you had previous contact with the Board/Commission/Committee/Authority you are applying for? *

I have been on the PUAC for the past four years.

Community service/activities (past and present) *

Please see Vitae. I have extensive and long term volunteering experience in the community in many ways, including with Best Friends Animal Society, Salt Lake County Animal Services, PFLAG, and others.

Civic/professional organization memberships *

Please see Vitae. I am a member of the APA, UPA, and WPATH.

Other pertinent information *

Demographic Information (optional):

A priority of Mayor Biskupski is to ensure Boards, Commissions, Committees, and Authorities represent the diverse nature of Salt Lake City.

Ethnic group: Hispanic

Gender/gender identity: Female

Are you a Veteran of any branch of the United States Armed Forces? No

Do you consider yourself to be a member of the disability community? No

References:

First Name	Last Name	Phone Number
Laura	Briefer	801-483-6741
Kyler	O'Brien	501-269-8281
Jake	Van Epps	814-777-4340

Colleen M. Kuhn, Ph.D.

160 South 1000 East Suite 210
Salt Lake City, UT 84102
(801) 455-5626/ Drckuhn@yahoo.com
Place of birth: Bogota, Colombia

EDUCATION:

8/99 – 1/05 Doctor of Philosophy in Clinical Psychology (APA Approved)
California School of Professional Psychology at Alliant International University
– Fresno, CA
Ecosystemic Proficiency
Degree Conferred January 2005

8/99 – 6/01 **Master of Arts** in Clinical Psychology (APA Approved)
California School of Professional Psychology at Alliant International University
 – Fresno, CA
 Degree Conferred June 2001

9/95 - 5/99	Bachelor of Arts in Psychology
9/95 - 5/99	Bachelor of Arts in Spanish
	<i>Elizabethtown College, Elizabethtown, PA</i>
	Degrees Conferred May 1999

8/97 – 5/98 Studied the language, history, culture, art, literature, and architecture of Spain.
Universitat de Barcelona, Barcelona, Spain

CLINICAL EXPERIENCE:

8/13- present **Private Practice, Clinical Psychologist CEO/Founder**
One Haven, Salt Lake City, UT
Responsibilities: Provide individual and family therapy to birth-29 year olds from an Ecosystemic perspective utilizing play therapy, cognitive behavioral therapy, and Theraplay techniques. Complete psychological and neuropsychological evaluations for all age ranges. Conduct parenting evaluations, learning disability evaluations, and assessment of ADHD and Autism. Coordinate care with teachers, school counselors, psychiatrists, child protective service workers, foster parents, and other therapists involved in the family system. Participate in Individual Education Plan meetings. Specializations include: transgender youth, LGBTQ youth, depression, anxiety, parental divorce, parenting, and attachment disorders.

4/09- 8/17 **Psychologist, Utah Virtual Academy**
Responsibilities: Provide psychoeducational evaluations (assessing cognitive and

achievement functioning) for students from Kindergarten through post high school, including assessing adaptive functioning. Participate in Individual Education Plan meetings. Provide individual therapy for students from Kindergarten through post high school. Provide vision and hearing screenings for all students.

- 4/09- 8/13 **Private Practice, Clinical Psychologist**
One Haven at Comprehensive Psychological Services, Salt Lake City, UT
Responsibilities: Provide individual and family therapy to birth-19 year olds from an Ecosystemic perspective utilizing play therapy, cognitive behavioral therapy, and Theraplay techniques. Complete psychological and neuropsychological evaluations for all age ranges. Conduct parenting evaluations, learning disability evaluations, and assessment of ADHD and Asperger's Disorder. Coordinate care with teachers, school counselors, psychiatrists, child protective service workers, foster parents, and other therapists involved in the family system. Participate in Individual Education Plan meetings.
- 4/06- 1/07 **Clinical Director of the Mothers and Children's Program**
10/05- 10/08 **Clinical Therapist/ Child Specialist on the Adult Substance Abuse Team**
Cornerstone Counseling Center, Salt Lake City, UT
Responsibilities: Coordinate services for women and their children in the Mothers and Children's program and provide family and group therapy for them. Developed and implemented the Mother's and Babies program. Assess and treat birth -11 year olds in individual, family, and group therapy from an Ecosystemic attachment based perspective utilizing play therapy. Determine best clinical decisions and facilitate the ability of the treatment team to implement such decisions. Supervise students from a systemic perspective and facilitate their ability to learn how to integrate attachment theory with clinical practice. Provide individual therapy for adults with substance abuse dependencies. Additional responsibilities include extensive history and intakes, diagnosis and treatment planning, coordinating services with probation officers and DCFS workers, teaching parenting classes, and assessing parent-child interactions and family dynamics utilizing the MIM (Marschak Interaction Method).
Supervisor: Tina Rich, Ph.D., Sue Ammen, Ph.D.
Treatment Team Coordinator: Audrey Rice, L.P.C.
- 2/05- 5/05 **Counselor**
Center for Discovery, Long Beach, CA
Responsibilities: Facilitate group therapy for adolescents in a residential dual diagnosis treatment facility. Group topics developed and presented include: anger management, stress management, relaxation, communication, family dynamics. Conflict resolution, and life skills. Diagnosis and assess critical situations and provide interventions as needed. Diagnoses primarily include substance abuse and eating disorders.
Supervisor: Angela Redlak, Psy. D.

- 9/03- 8/04 **Predoctoral Psychology Intern (APA Approved)**
The Guidance Center, Long Beach, CA
Responsibilities: Assess and treat 3-17 year olds in individual and family therapy from an Ecosystemic perspective utilizing play therapy in a community mental health setting. Weekly caseload typically consists of 11 -14 clients. Complete comprehensive psychological testing reports to evaluate psychosis, depression, learning disabilities, Bipolar, Adjustment Disorders, and Attachment Disorders. Emphasis placed on a multisystemic approach to treatment which includes scheduled consultations with psychiatrists, teachers, foster care agencies, and child protective services. Additional responsibilities include extensive history and intakes, diagnosis and treatment planning, and parent education. Diagnoses range from Sexual Abuse, RAD, and Adjustment Disorders to Depressive Disorders, Bipolar, Asperger's Disorder and ADHD. Additional training includes treating clients at the Miller Children's Abuse and Violence Intervention Center (MCAVIC), conducting neuropsychological evaluations at the Pediatric Rehabilitation Center within Miller Children's Hospital, and providing individual therapy to school based elementary students displaying behavioral difficulties.
Training Director/Supervisor: Sue Sundareson, Psy.D.
Supervisor at MCAVIC: Sara Dickes, Psy. D.
Supervisor at the Pediatric Rehabilitation Center: Barbara McDowell, Ph.D.
- 6/02- 5/03 **Senior Clinician / Psychological Trainee**
Psychological Service Center, Fresno, CA
Responsibilities: Assess and treat 3-14 year olds in individual, sibling, and family therapy from an Ecosystemic perspective utilizing play therapy in an outpatient setting. Particular emphasis placed on consultation with schools (attend Individual Education Plans), psychiatrists, courts, child protective services, foster care agencies and other agencies as specified within the Ecosystemic model. Supervise and train clinicians utilizing video taped sessions. Additional responsibilities include screening clients for admission, extensive history and intakes, treatment planning and diagnosis, and assessing parent-child interaction and family dynamics utilizing the MIM (Marschak Interaction Method). Effectively work with caregivers including single mothers/fathers, stepparents, grandparents and lesbian parents. Diagnoses range from Sexual Abuse, RAD, and Adjustment Disorders to Depressive Disorders and ADHD.
Supervisor: Sue Ammen, Ph.D., R.P.T.S.
- 9/01 – 5/03 **Case Manager**
Students Targeted with Opportunities for Prevention, Fresno, CA
Responsibilities: Supervise clinicians facilitating individual, family, group therapy and tutoring to 7th and 8th graders at risk for becoming involved in the juvenile justice system. Responsibilities include providing individual and group therapy on campus, conducting home visits and consultations with teachers and probation officers, organizing monthly family activities to facilitate appropriate child-caretaker interactions, providing on site clinical consultation for staff

members, gathering and analyzing statistics on grades and attendance, and conducting chart audits to design individual treatment goals. Presenting problems range from: poor social skills, poor grades, difficulty in the classroom, poor peer relationships, recent loss of a parent, gang affiliation, substance use and diagnoses of ADHD.

Supervisor: Mel Hamel, Ph.D.

5/01- 6/02

Psychological Trainee

Psychological Service Center, Fresno, CA

Responsibilities: Assess and treat 3-14 year olds in individual, sibling, and family therapy from an Ecosystemic perspective utilizing play therapy in an outpatient setting. Particular emphasis placed on consultation with schools (attend Individual Education Plans), psychiatrists, courts, child protective services, foster care agencies, and other agencies as specified within the Ecosystemic model. Additional responsibilities include screening clients for admission, extensive history and intakes, assessing parent-child interaction and family dynamics utilizing the MIM (Marschak Interaction Method), and on call duty for crisis interventions. Effectively work with caregivers including single mothers/fathers, stepparents, grandparents and lesbian parents. Diagnoses range from Sexual Abuse, RAD, and Adjustment Disorders to Depressive Disorders and ADHD.

Supervisor: Sue Ammen, Ph.D., R.P.T.-S.

5/01- 6/02

Psychological Trainee - Assessment Rotation

Psychological Service Center, Fresno, CA

Responsibilities: Performed a variety of comprehensive psychological evaluations including court ordered risk assessments, attachment assessments, and assessments for Aspira and Foster and Family Services. Common evaluations include making court disposition recommendations, evaluating sex offender risk, and substance abuse risk. Additional responsibilities include presenting test results, and completing test reports within a ten-day period.

Supervisor: Valerie Forward, Ph.D.

9/01 – 9/02

Clinician and Tutor

Students Targeted with Opportunities for Prevention, Fresno, CA

Responsibilities: Assess and treat 7th and 8th graders at risk for becoming involved in the juvenile justice system. Responsibilities include providing individual and group therapy on campus, conducting home visits and consultations with teachers and probation officers, and providing tutorial services. Presenting problems include poor social skills, poor grades, difficulty in the classroom, poor peer relationships and ADHD, recent loss of a parent, gang affiliation, and substance use.

Supervisor: Mel Hamel, Ph.D.

4/01 – 9/01

Clinical Therapist

Cedar Vista Psychiatric Hospital, Fresno, CA

Responsibilities: Facilitated group therapy for inpatients on four units, a child and adolescent psychiatric unit, two adult psychiatric units, and an adult chemical dependency unit. Group topics developed and presented include: anger management, conflict resolution, communication, relaxation/ stress management and life skills. Work as part of an interdisciplinary team composed of physicians, psychiatrists, nurses, and social workers. Diagnoses range from: ADHD, Schizophrenia, OCD, Borderline, Bipolar, and PTSD, to chemical dependency issues.

Supervisor: Trena Cannon, R.N.

7/00 – 3/01

Psychological Trainee

Child Abuse Treatment Services, Bakersfield, CA

Responsibilities: Assess and treat clients between the ages of 4 and 14 in individual, family and group settings from an Ecosystemic perspective utilizing play therapy in a community mental health agency. Responsibilities include comprehensive history and intake, treatment planning, individual, family, and group therapy and conducting home visits. Emphasis placed on systems model, as such regular consultations were conducted with psychiatrists, teachers, social service workers, child protective service workers, and case managers. Developed and presented group topics including witnessing domestic violence, anger management, and relaxation training. Worked effectively with single mothers and foster parents. Diagnoses and presenting problems range from PTSD as a result of Sexual Abuse, witnessing domestic violence, to victims of neglect.

Supervisor: Araceli Salazar, Psy.D.

7/00 – 8/01

Mental Health Worker II

Cedar Vista Psychiatric Hospital, Fresno, CA

Responsibilities: Diagnose and assess critical situations and provide crisis prevention interventions as needed. Responsibilities include group therapy, admission procedures, unit supervision and documentation, one to one care for patients demonstrating self-injurious behaviors, as well as brief counseling for patients and families.

Supervisor: Trena Cannon, R.N.

1/00 – 5/00

Psychological Trainee

Fresno Unified School District, Fresno, CA

Responsibilities: Assessed and treated elementary school students from an Ecosystemic perspective utilizing play therapy. Administered a variety of intellectual assessment tools for the purpose of Special Education placement. Presented test results at Individual Education Plans (IEP) team meetings. Conducted case consultation with client's teachers and parents. Provided reports of behavioral observations. Developed and implemented behavioral modification plans. Actively involved in individual supervision. Major tests administered included: Wechsler Intelligence Scale for Children, Third Edition (WISC-III), Bender Visual Motor Gestalt Test, Wide Range Achievement Test, Third

Revision (WRAT-III), and Draw A Person. Presenting problems included ADHD and grief issues.

Supervisor: Vicente Ortiz, Ph.D.

RESEARCH EXPERIENCE:

11/01 – 8/03 Research Committee: Norming the Rorschach on Adolescents

Responsibilities: Norming the Rorschach on 13 and 14 year olds. Writing a proposal, obtaining participants for the research, administrating and scoring the Rorschach, PAI-A, HSPQ, and the WASI. Submitted a proposal to present the results at the Society of Personality Assessment in March of 2003. Results will be submitted for publication.

Supervisor: Mel Hamel, Ph.D.

1/01 – 12/04 Dissertation: The impact of the therapist's use of emotional change processes in play therapy.

Preliminary oral defense successfully completed on 10/24/02 and the final defense successfully completed on 12/04. Examines therapist's use of emotional experiencing interventions that are matched to underlying emotional interference in a child. Significant results suggest change is produced in underlying pathogenic processes of the child client when those processes are directly targeted by the therapist.

Chairperson: Kevin O'Connor, Ph.D., R.P.T.-S.

1/01 – 5/02 Research Practicum: Alliant International University

Responsibilities: Participated in a program evaluation of Kings Community Action Organization Early Head Start Program for pregnant and parenting teens, development of the Marschak Interaction Method Rating System, and validation studies of the Kuwaiti version of the Parenting Stress Index/Short Form.

Responsibilities include data collection, developing SPSS data bases, analyzing data, report writing, and presenting data to research groups.

Supervisor: Sue Ammen, Ph.D., R.P.T.-S.

1/01 – 5/02 Research Committee: Development of the Marschak Interaction Method Rating System (MIMRS)

Responsibilities: Participated in the development and interrater reliability of the MIMRS. Watched videotaped assessments of the MIM, scored the videotapes using the MIMRS, provided feedback speaking to the clarity of the rating scale. Developed SPSS databases, analyzed the data and wrote reports of the results.

Supervisor: Sue Ammen, Ph.D., R.P.T.-S.

1/01 – 5/02 Research: The Reliability and Validity of the Kuwaiti Translation of the Parenting Stress Index-Short Form (PSI/SF).

Responsibilities: Analyzed and compared data from the Arabic translation of the PSI/SF to the English translation of the PSI/SF utilizing a principle components factor analysis. Obtained preliminary data to aid in norming the Arabic PSI/SF in

Kuwait. Developed a poster presentation that was presented at the annual convention of the Western Psychological Association in 2002.

Supervisor: Sue Ammen, Ph.D., R.P.T.-S.

PROVISION OF SUPERVISION:

8/16 – present **Adjunct Facility/Field Practicum Site**

University of Utah Department of Educational Psychology, Counseling Psychology, Salt Lake City, UT

Provide each practicum student with a planned, supervised, and educational program of clinical experience on a weekly basis. One Haven, PLLC provides a child/adolescent assessment practicum site with a possibility of seeing clients (children and adolescents) for individual therapy.

1/15 – present **Adjunct Facility**

University of Utah, Salt Lake City, UT

Provide weekly individual supervision to counseling doctorate students from an Ecosystemic perspective. Supervise students conducting individual sessions.

Review videotaped sessions, provide insight for treatment planning, and discuss alternative interventions as needed.

10/05- 1/07 **Clinical Therapist/ Child Specialist on the Adult Substance Abuse Team
Cornerstone Counseling Center, Salt Lake City, UT**

Provide weekly individual supervision to undergraduate students from an Ecosystemic perspective. Supervise students participating in group play therapy sessions. Review videotaped sessions, provide insight for treatment planning, and discuss alternative interventions as needed.

Supervisor: Tina Rich, Ph.D.

6/02- 5/03 **Senior Clinician / Psychological Trainee
Psychological Service Center, Fresno, CA**

Provide weekly individual supervision to clinical doctorate students from an Ecosystemic perspective. Supervise students conducting individual, sibling, and family play therapy sessions. Review videotaped sessions, provide insight for treatment planning, and discuss alternative interventions as needed.

Supervisor: Sue Ammen, Ph.D., R.P.T.-S.

9/01 – 5/03 **Case Manager**

Students Targeted with Opportunities for Prevention, Fresno, CA

Provide weekly individual supervision to forensic and clinical doctorate students. Supervise students conducting individual and family play therapy sessions.

Provide guidance and feedback for students developing case conceptualization skills, treatment planning skills, and intervention skills.

Supervisor: Mel Hamel, Ph.D.

CERTIFICATION:

4/09- present Licensed Clinical Psychologist

10/02- 4/05 Association for Play Therapy – Registered Play Therapist (R.P.T.)

7/18- present CPR/AED/First-Aid Certification ID# FA7CF1

PRESENTATIONS:

Kuhn, C. M., & Metzler, C. (2018, October). *Foundations of Clinical Practice with Transgender Youth*. Presented at the Critical Issues for Children conference. 3 CEUs offered by the Utah Psychological Association. Reviewed foundations of language and gender theory. Reviewed the gender affirmative model and how to build gender resilience. Salt Lake City, UT

Kuhn, C. M. (2018, October). *From Gender Development to Clinical Practice*. Presented at Westminster College for Master level counseling students. Provided an overview of gender theory, the Gender Affirmative Model, and applying that to a case study. Salt Lake City, UT

Kuhn, C. M. (2018, September). Moderated the panel for the *Medical Considerations Related to Transgender Health*. Panel Participants: Rixt Lukienaar and Cori Argawhal. Reviewed side effect of hormones, preparation for surgeries, and mental health therapists' role in providing letters for both. Salt Lake City, UT

Kuhn, C. M., & Roach, K. (2018, March). *Check your competencies at the door. Spark your growth*. Presented for the LGBTQ Guild Affirmative Psychotherapists Guild Of Utah. Challenging our understanding of what it means to be competent in sexual orientation and gender related therapy by uncovering our hidden bias and unpacking our privilege. Salt Lake City, UT

Kuhn, C. M., & Randall, R. (2018, February). *Supporting Parents of Transgender Children and Adolescents - Clinical and Ethical Considerations*. Presented for the Health Care Provider Summit: Leading the Way in LGBTQ Health. Provided an overview of systems in which parents are embedded. Provided an overview of clinical and ethical issues for professionals to consider when working with parents of transgender youth. Provided an overview of clinical approaches for professionals to consider. Salt Lake City, UT

Kuhn, C. M. (2018, January). Moderated the panel for the *Suicide Prevention joint in service with the LGBTQ Guild, WPP, and AWP*. Panel Participants: Craig Bryan, Jillian Hill, and J.C. Graham. Reviewed current best practice approaches for managing self-harm behavior and suicidal feelings. Salt Lake City, UT

Kuhn, C.M., Rullo, J., Sullivan, Erika. F A., Dell, A. (2018, January). Panel Participant for this presentation. *Trans.gen.der*. Presentation given for Parent, Families, and Friends

of Lesbians and Gays (PFLAG) Salt Lake City Chapter. Focused on family stages of transitions, ambiguous loss, current practice standards, and treatment planning. Salt Lake City, UT

Kuhn, C. M., & Randall, R. (2017, December). *Clinical Challenges and Obstacles in Working with Transgender Clients*. Provided a follow-up from the March 2017 Ethics Workshop. Focused on case material that highlighted important clinical dynamics that emerge when working with transgender clients. World Professional Association of Transgender Health (WPATH) standards of care and the Endocrine Society's clinical guidelines were applied within the presentation of case material. Salt Lake City, UT

Kuhn, C. M., Busch, T., Lovejoy, N., & Hill, Laurie. (2017, April). *Transgender and Gender Variant Families Workshop*. Presentation given to strengthen family relationships, learn effective communication tools to use, understand how to mourn the loss/change of their family member without additionally afflicting them, and to learn how to honor and support one another in living authentically.

Metzler, C., & Kuhn, C.M. (2017, April). Panel Participant for this presentation. *Gender in Transition: Expanding Our Understanding of Gender Minorities*. Presentation given at Generations Conference 2017. Focused on current practice standards, treatment planning, and intervention considerations for various points of life development. Salt Lake City, UT

Kuhn, C. M., Randall, R., Metzler, C. (2017, March/April). *Increasing Clinical Competency: Ethical Approaches for Working Across the Spectrum of Gender*. 10 Ethics CEUs offered by the Utah Psychological Association. Reviewed ethical issues when working with transgender individuals. Reviewed language that limits or expands this work. Reviewed systemic factors that influence treatment with transgender and gender fluid children, adolescents, adults, and seniors with special consideration of developmental factors. Salt Lake City, UT

Kuhn, C. M., & Randall, R. (2016, January and 2016, September). *Gender Fluidity: Systemic and Therapeutic Considerations when working with Children, Adolescents, and Families*. Reviewed what impacts systems and experience of development have on gender identity and expression. Children do not live in isolation, rather they are embedded into various systems (Family, School, Medical, Legal, Religion, Culture). The varying interaction of these systems within the clinical context of the child, parent, and therapist were explored. Salt Lake City, UT

Kuhn, C. M. (2004, April). *Introduction to the Marschak Interaction Method (MIM)*. Presentation for clinical staff at Miller Children's Abuse and Violence Intervention Center. Reviewed Theraplay and attachment theory as it is applied to assessing the parent-child interaction utilizing the MIM. Presentation reviewed administering and examining the MIM and utilized a video taped MIM of a clinical case to demonstrate concepts discussed. Long Beach, CA.

Kuhn, C. M., & Ammen, S., & Al-Fayez. (2002, April). *The reliability and validity of the Kuwaiti translation of the parenting stress index-short form*. Poster presented at the annual convention of the Western Psychological Association, Irvine, CA.

Kuhn, C. M., & Bojanowski, J. (2001). *Suicide prevention: Warning signs and what you can do to help*. Presentation for Dewolf Continuation Education School. Co-facilitated presentation on teen suicide geared for at-risk teenagers. Presentation included warning signs of suicide and possible interventions to help others. Fresno, CA.

PROFESSIONAL AFFILIATIONS:

- American Psychological Association- (Spring 1999-present)
- American Psychological Association Division 53 Clinical Child Psychology- (Spring 1999-2013)
- Association for Play Therapy- (Spring 1995-2013)
- The LGBTQ Affirmative Psychotherapist Guild of Utah- (2010- present)
- Utah Psychological Association (Spring 2009- present)
- World Professional Association of Transgender Health (WPATH) (Fall 2017- present)
- Women In Private Practice (2009- present)

HONORS/AWARDS:

- Student Research Award from Alliant International University for Western Psychological Association Presentation (Spring 2002)
- Play Therapy Institute Summer Seminar Scholarship (Summer 2002)
- Play Therapy Institute Summer Seminar Scholarship (Summer 2001)
- Play Therapy Institute Summer Seminar Scholarship (Summer 2000)
- Psi Chi National Honor Society in Psychology (Fall 1998-present)
- Alpha Lambda Delta National Honor Society for Freshmen (Fall 1996-present)
- Middle Atlantic States Collegiate Athletic Conference “Academic Honor Roll” (Spring 1996)

COMMUNITY INVOLVEMENT:

12/17-Present **Volunteer**

Board Member/ Vice President

Canyoneering Chicks

Responsibilities: The purpose of Canyoneering Chicks is to provide knowledge, inspiration, conservation, and advocacy for the female canyoneering community. Teaching at “knotty nights” monthly meetings and planning and teaching at rendezvouses. Canyoneering chicks facilitates the opportunity for women to learn from other women, helping each other be competent, skilled, and self-reliant canyoneers.

10/17-Present **Volunteer**

Board Member

Women in Private Practice of Utah

Responsibilities: The purpose of the leadership collective is to maintain a multidisciplinary team of women committed to supporting each other personally and professionally through education and networking. Since 1980 WPP has promoted the professional development of members striving to provide high-quality care and advocacy of our clients. I also facilitate dialogue between WPP and the LGBTQ Guild of Utah.

12/16-Present **Volunteer**

Board Member

The LGBTQ-Affirmative Psychotherapist Guild of Utah

Responsibilities: The purpose of the leadership collective is to maintain a Board of Directors “with a heart and conscience” and coordinate the administrative and program planning needs for the Guild.

4/16-Present **Volunteer**

Canyon Leader I through the American Canyoneering Academy

Responsibilities: Teach Ground Level classes to aspiring canyoneers including basic knot tying, rigging webbing, understanding anchors, various ways to descend a canyon, logistics and safety, partner assist techniques, teaching rappelling, belaying, and self-rescue skills.

3/15-Present **Volunteer**

Public Utilities Advisory Committee Member

Responsibilities: To annually review the department’s water and sewer system capital improvement program; To review annually the department’s operations and maintenance budget and expenditures; Annually review the water and sewer revenue requirements and recommend to the mayor any rate adjustments they deem necessary; Review and make recommendations on proposed legislation relating to water and sewer; Consult with the mayor relative to water resources and sewage reclamation requirements; The power to determine and establish such rules and regulations for the conduct of the committee as the members shall deem advisable; provided however, that such rules and regulations shall not be in conflict with this chapter or any other city, state or federal law; To adopt and alter all rules and regulations which it shall from time to time deem in the public interest and most likely to advance, enhance, foster, and promote the public utility systems of the city for the purpose of carrying out the objects of this chapter, but such rules and regulations shall not be in conflict with the terms of this or any other city ordinance, state or federal law; Assist the public utilities director in every way possible for the continuing orderly development and operation of the public utilities system of the city in order to best serve the users thereof; Hear and decide appeals arising from decisions granting or denying a riparian protection permit (Or. 3-08 § 1, 2008; amended during 1/88 supplement; prior code § 49-10-11). These responsibilities have been copied and pasted from the

- 11/12-12/13 **Volunteer**
Parents and Families of Lesbian and Gays (PFLAG) of Utah
Responsibilities: Assisting at Thanksgiving Dinners sponsored by PFLAG for our homeless youth. Representing PFLAG at the Equality Utah Allies Dinner. Participating in monthly meetings to support the community and family members of LGBTQ youth who are reaching out for help. Raising awareness of the suicide rate of LGBTQ youth. Presenting at PFLAG meetings upon request.
- 10/11-10/15 **Volunteer**
Gardening Group, Utah
Responsibilities: Planning garden options for the community based on yard locations, availability of sun, and type of soil present. Problem solving backyard difficulties, such as how to get rid of the weeds in the most eco friendly manner. How to conserve water, use water barrels, and sustain a green garden and yard. Participate in work parties to implement the plans, prune trees, and provide gardening support throughout the year.
- 6/11-Present **Volunteer**
The LGBTQ Affirmative Psychotherapist Guild of Utah
Responsibilities: Staffing the booth during Pride to represent LGBTQ therapists and promote LGBTQ friendly resources for members of the community. Staffing the booth at other mental health events as well. Being present for rallies and other gatherings where city officials have asked for the presence of the GUILD.
- 9/11-Present **Volunteer**
Community Animal Welfare Society (CAWS), Salt Lake, Utah
Responsibilities: Participated in the Super Pet Adoption showing the dogs to potential adopters. Walked the dogs and assisted in providing information and introducing dogs to potential adopters.
- 6/11- Present **Volunteer**
Best Friends Animal Society, Salt Lake City, Utah
Responsibilities: Provided supervision and guidance of the children during the Kitty Carnival Adoption event. Maintained a safe and fun environment for children to play in the bounce house and enjoy activities while considering adoption. Participated in multiple Super Pet Adoptions/No Kill Utah (NKUT) showing the dogs to potential adopters. Promote Best Friends in the Pride parade, rode my bike and marched in the parade. Participating in monthly shifts at the Pet Adoption Center in Sugar House introducing cats to potential adopters and promote our initiative of no more homeless pets/save them all. Participating in Strut your Mutt as a team leader and contact person for all of the vendors.

- 6/11-Present **Volunteer**
Salt Lake County Animal Services, Salt Lake City, Utah
Responsibilities: Staffing the booth during Pride to promote education about spaying and neutering pets. Assisted in providing information and introducing dogs and cats to potential adopters. Participating in multiple adoption events throughout the year to promote our imitative of no more homeless pets.
- 5/10- Present **Volunteer**
Best Friends Animal Society, Kanab, Utah
Responsibilities: Fed cats, dogs, and birds and participated in socialization training to further enhance their likelihood of being adopted. Walked and exercised the dogs and cats and cleaned the cat houses. Participated in the Super Pet Adoption in Salt Lake City introducing the dogs to potential adopters. Fostered several dogs throughout the year that come from Kanab for the Super Pet Adoptions. Potty training them, socializing them, and introducing them to family life to increase their chances of adoption.
- 9/98 – 5/99 **Student Tutor**
Elizabethtown Elementary School, Elizabethtown, PA
Responsibilities: Tutored Spanish and English to children whose first language is Spanish, focusing on verbal and written skills. Translated for Spanish speaking parents in family meetings with school officials.
- 9/98 – 5/99 **Volunteer**
Masonic Children’s Home, Elizabethtown, PA
Responsibilities: Facilitated interactions between the elderly and children in an attempt to close the generation gap. Developed and implemented “Adopt a Grandparent” for high risk, low income youth to interact with and play games with the elderly.
- 9/98 – 5/99 **Student Volunteer**
Into the Streets, Elizabethtown, PA
Responsibilities: Participated in cleaning parks in the local community.
- 5/98 – 8/98 **Volunteer**
Hispanic Center, Reading, PA
Responsibilities: Assisted Spanish-speaking clients by translating documents, making phone calls, and helping fill out various applications in English.
- 5/97 – 8/97 **Volunteer**
Women’s Crisis Center
Responsibilities: Under supervision of children’s rights advocates facilitated groups with children primarily concerning abuse and violence in the family.

PROFESSIONAL WORKSHOPS AND SEMINARS:

The following are selected examples:

Ground Rounds, Primary Children's Hospital, Transgender Health of Children and Adolescents (5 hours) Salt Lake City, UT (2018) Jo Olson-Kennedy, MD & Aydin Olson-Kennedy, MSW

Cross-Cultural Mental Healthcare of Non-Binary and Transgender Adults (6 Hours) Salt Lake City, UT (2018) Jordan Rullo, Ph.D.

Transgender Matters Through the Life Span (6 hours) Salt Lake City, UT (2017) Stephen Rosenthal, MD and Ryan Sallans, MA.

Intersections of Sex (1.5) Salt Lake City, UT (2017) Candice Metzler

Best Practices with Sexual Orientations and Identities (1.5 hours) Salt Lake City, UT (2017) Jake Van Epps, Psy.D.

Gender Fluidity: Systemic and therapeutic considerations when working with children, adolescents, and families (1.5 hours) Salt Lake City, UT (2017) Lisa Diamond, Ph.D.

Queer theory and you: The intersection of Gender, Race, and Class (2.0 hours) Salt Lake City, UT (2017) Kathryn Stockton, Ph.D.

Ethics Strategies for Dealing with Sexual/Gender Orientation and Religious Differences: Healing the Rifts Within Our Profession and Community (6 hours) Salt Lake City, UT (2015) Lee Beckstead, Ph.D. and others

Critical Issues Facing Children & Adolescents (13.75 hours) Salt Lake City, UT 2014

Understanding Gender Issues for Residential Treatment (3 hours) Salt Lake City, UT 2014

Sexual Orientation Across the Life Span (2 hours)
Presenter: Lisa Diamond, Ph.D. Salt Lake City, UT 2014

Happiness: How positive Psychology Changes Our Lives (6 hours)
Presenter: Lynn Johnson, Ph.D. Salt Lake City, UT 2014

Building Bridges to Increase Efficacy: An Ethics Workshop on Respecting Religious and Sexual/Gender Orientation Differences (6 hours)
Presenters: Lee Beckstead, Ph.D. and Jim Struve, LCSW Salt Lake City, UT 2013

Couples and Affairs: Managing the Clinical Challenge (6 hours)

Salt Lake City, UT 2011

Bridging the Gap: Clinical Application of Attachment Theory and Research (10 hours) Salt Lake City, UT 2011

Psychopharmacology Update: Child, Adolescent, and Adult (6 hours)
Salt Lake City, UT 2011

Evidence Based Neuropsychological Assessment for the Practitioner (3 hours)
Salt Lake City, UT 2011

Ethical & Therapeutic Options for Sexual Orientation and Religious Conflicts (6 hours) Salt Lake City, UT (2011) Lee Beckstead, Ph.D.

Sexual Assault in the Military (1.5 hours)
Salt Lake City, UT 2010

Play Therapy and Beyond: Treatment Techniques and Strategies with Children and Pre-Adolescents (6 hours)
Salt Lake City, UT 2010

Traumatic Brain Injury Assessment and Rehabilitation (3 hours)
Presenter: Tad Gorske, Ph.D. Harrisburg, PA 2010

Attachment Disorders Theory, Research and Treatment (13 hours)
Presenter: Daniel Hughes, Ph.D. in Private Practice. Monterey, CA 2002.

Attachment: From Early Childhood Through the Lifespan (12 hours)
Presenters: Marion Solomon, Ph.D., Sir Richard Bowlby, Mary Main, Ph.D., Daniel Siegel, M.D., Allan Schore, Ph.D., Robert Neborsky, M.D., L. Alan Stroufe, Ph.D., Peter Fonagy, Ph.D. Los Angeles, CA 2002.

Introductory Theraplay Workshop (24 hours)
Presenter: Evangeline Munns, Ph.D., C. Psych., R.P.T.S., Certified Theraplay Therapist and Trainer, Clinical director of play therapy services at Blue Hills Child and Family Services. Fresno, CA 2002.

Making Safe Places and Therapeutic Sculpting (6 hours)
Presenter: Peter Alsop, Ph.D. Fresno, CA 2001.

Developmentally Sensitive Post-Traumatic Play Therapy (6.5 hours)
Presenter: J. Shelby, Ph.D., Past President of the California Association for Play Therapy, Monterey, CA, 2000.

Play Therapy for Sexually Abused Children (6.5 hours)

Presenter: J. Shelby, Ph.D., Past President of the California Association for Play Therapy, Monterey, CA, 2000.

Family Play Therapy: Inviting Adults to Play (7 hours)

Presenter: E. Gil, Ph.D., RPT-S, Director of the Starbright Training Institute for Child and Family Play Therapy, New Orleans, LA, 2000.

Short Term Play Therapy with Sexually Abused Children (3.5 hours)

Presenter: L. Gallo-Lopez, MA, LMHC, RPT-S, Private Practice, New Orleans, LA, 2000.

TESTING EXPERIENCE:

- Wechsler Intelligence Scale for Children-Fifth Edition (WISC-V)
- Wechsler Preschool and Primary Scale of Intelligence- Fourth Edition (WPPSI-IV)
- Wechsler Individual Achievement Test-Third Edition (WIAT-III)
- Wechsler Adult Intelligence Scale- Third Edition (WAIS-III)
- Wechsler Adult Intelligence Scale- Fourth Edition (WAIS-IV)
- Wechsler Memory Scale- Fourth Edition (WMS-IV)
- Wide Range Achievement Test-Third Edition (WRAT-III)
- Wechsler Abbreviated Scale of Intelligence (WASI)
- Wide Range Assessment of Visual Motor Abilities (WRAVMA)
- Rey Complex Figure Test and Recognition Trial (RCFT)
- Wisconsin Card Sorting Test (WCST)
- The Booklet Category Test –Second Edition (BCT-II)
- Comprehensive Trail-Making Test (CTMT)
- California Verbal Learning Test- Second Edition (CVLT-II)
- California Verbal Learning Test for Children- Second Edition (CVLT-C)
- Finger Tapping Test (FTT)
- Grooved Pegboard Test
- STROOP Color and Word Test- Adult Version (STROOP)
- STROOP Color and Word Test- Children’s Version (STROOP)
- Comprehensive Test of Nonverbal Intelligence (CTONI)
- Bender Gestalt Visual Motor Test
- House-Tree-Person (HTP)
- Draw-A-Person (DAP)
- Children’s Projective Drawing Battery
- Rotter Incomplete Sentence Battery-High School and Adult Response Form (RISB)
- Children’s Sentence Completion Test
- Thematic Apperception Test (TAT)
- Rorschach Inkblot Test, Exner Scoring System (ROR)
- Roberts Apperception Test for Children (Roberts)
- Beck Youth Inventories
- Beck Anxiety, Hopelessness, and Depression Inventories (BAI), (BHS), (BDI-II)
- Trauma Symptom Checklist for Children (TSCC)

- Achenbach Inventories (CBCL), (TRF), (YSR)
- Gilliam Asperger's Disorder Scale (GADS)
- Gilliam Autism Rating Scale- Third Edition (GARS-3)
- Conner 3 – Teacher and Parent
- Marschak Interaction Method (MIM)
- Parenting Stress Index- Short Form (PSI-SF)
- Adult-Adolescent Parenting Inventory.
- Vineland Adaptive Behavior Scales- Second Edition (Vineland-II)
- Millon Adolescent Clinical Inventory (MACI)
- Minnesota Multiphasic Personality Inventory, (MMPI-2), (MMPI-A)
- Personality Assessment Inventory (PAI)
- Personality Inventory for Children (PIC)
- Child Sexual Behavioral Inventory,
- Multiscore Depression Inventory for Children (MDI-C)
- Randolph Attachment Disorder Questionnaire (RADQ)
- Feelings, Attitudes, and Behaviors Scale for Children (FAB-C)
- A Developmental Neuropsychological Assessment (NEPSY)
- Substance Abuse Subtle Screening Inventory (SASSI)

REFERENCES:

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